

CASE STUDY: **Allen County Regional Hospital**

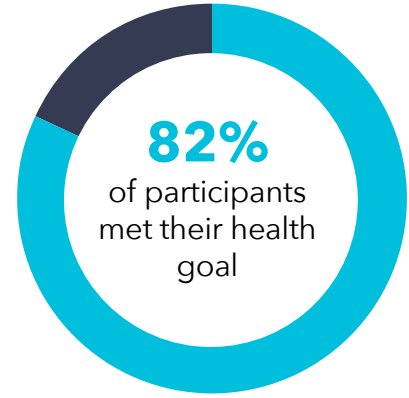
At 25 beds, Allen County Regional Hospital is small. But the critical access hospital in rural southeastern Kansas is making big strides in boosting employee health.

An early barrier to implementing the wellness program was the absence of a local laboratory to process biometric screening tests, including blood tests for diabetes and high cholesterol. To address this challenge, Interactive Health helped set up a laboratory at the hospital's outpatient clinic. The hospital also made the lab available to other area employers for wellness screenings, bringing in additional revenue.

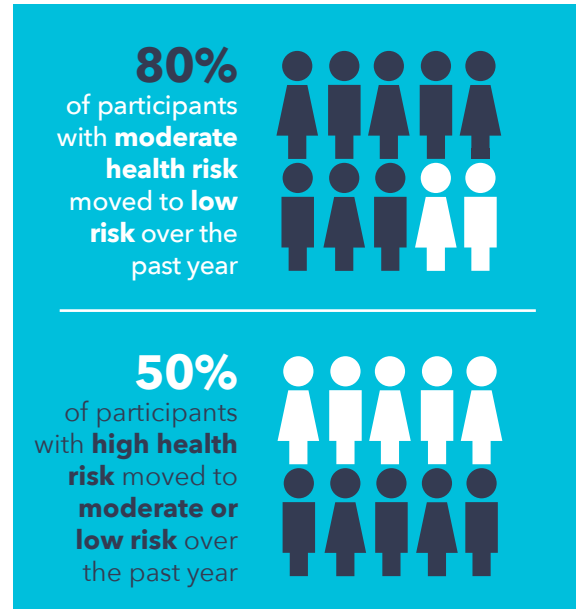
The hospital's commitment to wellness is partially a reflection of the culture that exists in the community it serves. Allen County is a 2017 recipient of RWJF Culture of Health Prize from the Robert Wood Johnson Foundation. Community leaders and members have come together to achieve a number of health achievements, including the development of 25 miles of biking and hiking trails.

Since launching a comprehensive wellness program with Interactive Health in 2014, employees' risk of heart disease and other serious conditions has declined, and this major accomplishment translates into a meaningful return on investment. For every \$1 that Allen County Regional Hospital spends on wellness, it is avoiding an estimated \$4.76 in health benefit-related costs.

Patients are also benefiting. "Happy and engaged employees translate to high patient satisfaction," says CEO Marion "Tony" Thompson, FACHE.



**\$4.76 saved**  
FOR EVERY  
**\$1.00 spent**  
ON WELLNESS PROGRAMS



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– Marion "Tony" Thompson, CEO, FACHE, Chief Executive Officer, Allen County Regional Hospital



Workplace Wellness Solutions from Interactive Health have earned the exclusive endorsement of the American Hospital Association.